



# The Collaborative

Summer 2005

Volume XII, Issue IV

## KECSAC Honored as "Best Place to Work" at EKU

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The KECSAC office recently won the first "Best Place to Work" award presented by EKU's Student Services office. KECSAC is pleased to be recognized as a place that hires and supports EKU students.



Leslie Hensley (left) and Tiffany Beddoe (right)  
KECSAC Student Assistants

Dr. Powell said of the award, "This is one of the nicest things that has ever happened to KECSAC. I am deeply moved by the students' comments and honored to have such dedicated student assistants." The students who work for KECSAC are dedicated and committed, to both their studies and the goals and mission of KECSAC.

Leslie Hensley, a senior nursing student, has worked in the KECSAC office since December 2001. Leslie assists with professional development events, collects census data, prepares bulk mailing, and is always willing to help with any project. Additionally, she creates beautiful bulletin boards. Leslie wrote on her nomination form, "I love my job because of the wonderful opportunities it has given me for my future. I have worked here for over three years and plan to stay until I graduate. This job has helped me improve many different skills I will always use, such as computer skills, communication, budgeting money, planning, and organization. It is a very rewarding experience to be a part of such a wonderful organization."

Tiffany Beddoe is a senior pre-pharmacy and Environmental Health Science major. She has worked with KECSAC since December 2002. Tiffany's responsibilities include assisting with professional development events, bulk mail, and editing and updating the KECSAC website.

Tiffany is also a very efficient proofreader for office documents and enjoys learning new things. "I enjoy coming to work each day because I am valued as an employee and a person. I also enjoy helping with the professional development events that KECSAC hosts. This job has allowed me to grow as a person, student, and employee.



KECSAC office staff L to R: Ronnie Nolan, Associate Director; Monica Santa-Teresa, Training Assistant; Leslie Hensley, Student Assistant; Tiffany Beddoe, Student Assistant; Norman Powell, Director; Kaye Parker, Communication Specialist; Kristine Estill, Budget Specialist.

I have learned many professional ethics and values that I will carry for the rest of my life."

The award and the moving words of Leslie and Tiffany honor KECSAC. Their contribution towards our mission of providing quality educational opportunities for all state agency children in Kentucky helps to make KECSAC a "Great Place to Work."

## Professional Development Events

Educating At-Risk Students Conference

**July 19-21, 2005**

Perkins Conference Center  
Eastern Kentucky University  
CEUs and EILA Credits  
Graduate Course  
Credit Available

KECSAC's New Educators Training

**Sept. 7-9, 2005**

Perkins Conference Center  
Eastern Kentucky University

Statewide SACSAA Meeting

**Sept. 20, 2005**

Galt House  
Louisville, KY

KECSAC Orientation

**December 2, 2005**

Perkins Conference Center  
Eastern Kentucky University

## IAG Spotlight



**D**ona Whitenack, MSSW, is an Internal Policy Analyst with the Out of Home Care Branch of the Cabinet for Health and Family Services in Kentucky. Ms. Whitenack has been with the Cabinet for five years. For over 2 1/2 years she provided direct services to Adult Protective and Child Protective Services clients. Since January 1, 2003, Ms. Whitenack has been with the Division of Protection and Perma-

nency, Department for Community Based Services as an Internal Policy Analyst specializing in Child and Adult Services. Ms. Whitenack also serves on the Kentucky Legislative Review Team providing comments on proposed legislation assigned to the Adult and Child Services Branch. She also supports service region staff and serves on various committees and work groups. Additionally, she works with Cabinet communication staff to help increase public awareness of adult and child maltreatment by developing training and public awareness materials for community partners statewide. She served as point person for the Local Coordinating Councils on Elder Abuse across the state. Ms. Whitenack is a member of the National Association of Social Workers Kentucky Chapter (NASW) and the National Adult Protective Services Association (NAPSA).

Ms. Whitenack's other duties include training community partners and

adult and child protection workers on indicators of abuse, neglect, and exploitation. Ms. Whitenack consults with DCBS staff across the state on investigations of abuse, neglect, and exploitation of adults and children.

Ms. Whitenack has a Masters of Science degree in Social Work from the Kent School of Social Work, University of Louisville, and a bachelor's degree in Social Work from Kentucky State University.

As an active member of the IAG representing the Cabinet for Health and Family Services, Ms. Whitenack will work on behalf of state agency children across Kentucky. Dona and her husband of 23 years have three children and a two-year-old grandson.

# Did You Know

# ?



## 2006 Kentucky Teaching and Learning Conference

- \* March 9-11, 2006
- \* Kentucky International Convention Center
- \* Louisville, Kentucky

KTLC invites you to submit an application to be considered as a presenter for workshops and sessions. The application deadline is Sept. 9, 2005.

## The Collaborative

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## Warren Regional Juvenile Detention Center Science Teacher Receives 2005 Cable's Leaders in Learning Award

Rebecca Painter, science teacher at Warren Regional Juvenile Detention Center, was recently honored nationally for her substantial contributions to learning by transforming education for at-risk juvenile detainees by using cable to provide them the opportunity to take virtual trips outdoors, put on plays, and explore careers in climatology and meteorology, according to a press release from *Cable's Leaders in Learning Awards*.

Insight Communications and Cable in the Classroom, the cable industry's education foundation, announced that Painter is a winner of the new *Cable's Leaders in Learning Award*, which recognizes the most inventive classroom

**"We are attempting to educate and remediate a forgotten population," said Painter. "Things that are normally taken for granted are privileges in detention, and limited exposure to nature can be supplemented through television."**

educators, administrators, community leaders, and policymakers who are transforming education from kindergarten through high school (K-12).

"To be selected as *Cable's Leaders in Learning Award* winners, these awardees demonstrated dedication to improving learning for all children," said Helen Soulé, Ph.D., executive director of Cable in the Classroom. "They did this by reaching beyond the familiar to support and encourage young people to achieve their best. Armed with a high quality education, young people will be

prepared to meet the world that awaits them – and to improve and transform it for their own children."

Painter is being honored in the Pushing the Envelope award category for creating the "Cable in the Classroom at Warren Regional Juvenile Detention Center." Residents of the youth detention facility have benefited enormously from Painter's efforts, including a hurricane unit that relies upon the Weather Channel and real-life examples viewed on cable. She has convinced the language arts instructor to weave in the hurricane materials with "Isaac's Storm" by Erik Larson, providing historical perspective through an investigation of a devastating Galveston storm. Students use the programming to explore careers in climatology and meteorology, while addressing Kentucky Learning Goals and Academic Expectations. Because residents are not allowed field trips or vocational experiences such as technical school, Painter opted for a facility-wide implementation of Cable in the Classroom, with everyone responsible for taping programs. During the winter, students exit the facility only when they go to court, so exposure to nature through television programming offers a welcome foray into the virtual outdoors.

"We are attempting to educate and remediate a forgotten population," said Painter. "Things that are normally taken for granted are privileges in detention, and limited exposure to

nature can be supplemented through television."

Painter and the other *Leaders in Learning Award* winners traveled to Washington, D.C. to attend a gala awards



Wolf Blitzer interviews Rebecca Painter during *Cable's Leaders in Learning* award ceremony in Washington D.C.

ceremony, to meet with Members of Congress and education leaders, and to participate in a series of professional development events. Awardees received a cash prize from Cable in the Classroom, in addition to the trip to Washington. The awards ceremony, hosted by Bill Kurtis, host of A&E's *American Justice* and producer of *Investigative Reports* and *Cold Case Files*, took place on May 17 at the Smithsonian's National Museum of the American Indian. CNN anchor Wolf Blitzer interviewed award-winners during the awards presentations.

"We hope that these awards, and the exceptional work on behalf of learning they honor, will move others to strive for similar excellence and stretch the boundaries of the kind of excellence that is possible in education," said Soulé. "We at Cable in the Classroom will always have that – and these awardees – close to the heart of our mission."

## New Budget Specialist



**K**ristine Estill joined the Kentucky Educational Collaborative for State Agency Children in April 2005. Kristine assumes the position formerly held by Barbara Barnhart. She will be responsible for the Memorandum of Agreement, quarterly reimbursements,

average daily attendance cards, and the census. She is also responsible for maintaining the KECSAC operating budget and the day-to-day operation of the office. Kristine has experience working with grant-funded programs and has a wealth of experience within the ECU system. "I'm excited to have the opportunity to work with programs and educators across the state. I enjoy being part of a group that works together for the benefit of state agency children in Kentucky."

Kristine has worked for Eastern Kentucky University for the past seven years. Prior to coming to KECSAC, Kristine spent three years at the Center for Economic Development, Entrepreneurship and Technology (CEDET) as an Administrative Assistant I. She has also worked with the Department of Technology and at the Learning Resource Center in the Library as a desk clerk.

A native of Madison County, Kristine lives in Waco with her husband, Duran, and their two children, Kara and DJ. She enjoys spending time with her family, watching reality shows, and playing

**"I'm excited to have the opportunity to work with programs and educators across the state. I enjoy being part of a group that works together for the benefit state agency children in Kentucky."**

with her dog, Tyson. Kristine is working on a bachelors degree in accounting. One day she hopes to have her own accounting firm.

If you have any questions, or just want to say hello, you may contact Kristine at (859) 622-6550.

## Maryhurst Girls Get Fit With Math

**T**hrough a partnership with Heuser Fitness Clinic and Maryhurst, Inc., approximately 30 young women at Maryhurst School are learning the correlation between good health and applications of math concepts, and becoming healthier and fit at the same time.

Jill Tabor, math teacher and certified personal trainer, was very concerned about the rising rate of obesity in teenagers. As part of her math curriculum,

**Connecting math to real world situations has made this program an overwhelming success.**

she required each student to track calories consumed, measure body mass



*Maryhurst girls take first steps towards a healthier lifestyle*

index, and solve formulas that enable the girls to learn how to lead a healthier lifestyle.

The trainers at the Heuser Clinic met with the students and personalized an individual fitness plan for each girl that incorporated exercise and weight train-

ing. Students have attended sessions at the Clinic since the first of the spring semester. The students recorded their progress on spreadsheets in the classroom. The girls are astonished to find that watching calories and getting exercise really pays off.

According to Christine Corbin, School Administrator, students and staff are amazed at the changes in the girls' self-esteem and their eagerness to demonstrate results. Connecting math to real world situations has made this program an overwhelming success.



*Student works with weight*

# Mental Health Update

## Caring for the Mental Health of Kentucky’s Youth & Families through a System of Care Approach

A system of care is a network of community services and supports for children and youth with serious mental health needs. Families, youth, and providers become partners so each child can function better at home, in school, and in the community.

### System of Care

#### Values

- Community based
- Child Centered
- Family Focused
- Culturally Competent

#### Principles

- Comprehensive
- Individualized
- Provided the least restrictive, appropriate setting
- Coordinated at both system and service delivery levels
- Involve family members and youth as full partners
- Emphasize early identification and intervention

Through systems of care, families, youth, child-serving agencies, work collaboratively to plan, design, and implement community based services and supports designed to develop skills that will allow the youth to remain in his or her community and pursue healthy, productive lives.

### Why are systems of care needed?

Youth with severe emotional disorder (SED) often experience difficulty across multiple domains (e.g., home, school, and community). They are often involved with multiple systems simultaneously, including health, justice, mental health, education and child welfare, among others. Although the families are involved with multiple organizations, many times these organizations

do not work together to coordinate the services provided to youth and their families. For example, while the youth might be attending special education classes at school, he or she may not have access to after-school or summer programs. Families might not receive the support they need, or may not know where to go to ask for help.

In systems of care, youth, families, and local public and private organizations work in teams to plan and implement a set of services tailored for each individual’s physical, emotional, social, educational, and family needs. Teams may consist of representatives from

and Kentuckians Encouraging Youth to Succeed (KEYS) were all founded upon the guiding principles of systems of care. All implement a case management or service coordination model that uses the wraparound process to create positive, proactive, strengths-based teams that work with youth and families by building upon their strengths to improve their mental health.

### What Kinds of Services Are Included?

A young person with SED and his or her family may be referred to one or more of the following programs :

Types of Services Offered by Regional MHMR Board	
Clinical (individual, group, family) counseling	Therapeutic child support (mentoring, recreation)
Early childhood mental health for children age 0-5	Service coordination (case management)
Psychoeducational/training opportunities	Substance abuse prevention or treatment
Intensive in-home	After-school program
Specialized summer program	Crisis stabilization
School based mental health	Day treatment
Therapeutic foster care	Partial hospitalization
Support groups	Psychiatry (medication management)

child serving agencies, family or youth advocates, other organizations and people who play an important or supportive role in the youth and family’s life. Teams find and build upon the strengths of the youth and family rather than focusing solely on their problems. Teams work as partners with individual families, including the youth, when developing a plan for the youth and when making decisions affecting his or her care.

### Does Kentucky have a system of care?

Kentucky IMPACT, the Bridges Project,

If needed, additional services and supports will be provided to the youth and family by other agencies or community partners represented on the youth’s wraparound team.

If you would like additional information about Systems of Care, please contact Beth Armstrong at Beth.Armstrong@ky.gov or 502-564-4456. You may also wish to explore the following websites:

- [www.systemsofcare.net](http://www.systemsofcare.net)
- [www.tapartnership.org/](http://www.tapartnership.org/)
- [www.mentalhealth.samhsa.gov/cmhs/](http://www.mentalhealth.samhsa.gov/cmhs/)

## Student Showcase - Mary Kendell Home



*drawing by Katrina*



*drawing by Josh*

To see more work by the students of Mary Kendell Home, visit : <http://www.handyville.com/stories.htm>



*drawing by Justin*



*drawing by Roger*



### Educating Kentucky's At-Risk Kids in Alternative Settings Conference

July 19 - 21, 2005

Perkins Conference Center  
Eastern Kentucky University  
Richmond, KY

Graduate Course Credit Available  
CEU's and EILA Credits available

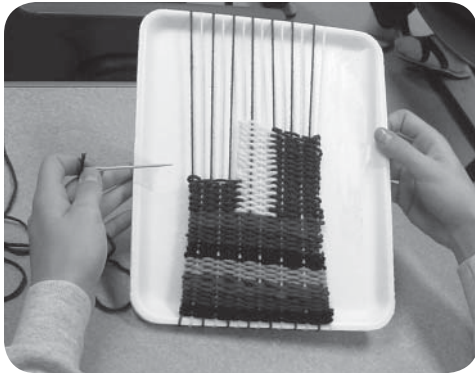
For more information please visit [www.kecsac.eku.edu](http://www.kecsac.eku.edu) and follow the links under Professional Development Events.

## What's Up with District News

### McCracken County

#### McCracken Regional Juvenile Detention Center

Louise Halsey, a visual artist from Lowensboro, visited the McCracken Regional Juvenile Detention Center Mar. 28-April 1, exploring a variety of Native American weaving techniques with the Center's students. The artist program is funded through a Kentucky Arts Council Youth Center Initiated Program (YCIIP) grant that brings professional artists into Kentucky youth correctional facilities and alternative schools to demonstrate their art forms and share their creativity with the students, directors, and staff.



Student learns Native American weaving technique.

The Kentucky Arts Council, a state agency in the Commerce Cabinet, has provided funding support for this artist residency with state tax dollars and federal funding from the National Endowment for the Arts.

### Harrodsburg Independent

#### Harrodsburg Day Treatment

Students at Harrodsburg Day Treatment really know how to C.R.A.M.

Students with low reading or math skills cram with tutors in a Comprehensive Reading and Math Program. C.R.A.M. is a one-on-one tutoring program for

students with low reading and math skills. The reading programs, such as Great Leaps, The Herman Method for Reverse Reading Failure and Marie Carabo, teach strategies to help the students build reading skills and become more confident readers.

First thing every morning, students C.R.A.M. with math tutors. Students in the Math Program are missing some important part of their mathematical background that keeps them from advancing to the level of their peers. C.R.A.M. tutors work intensively, one-on-one, with these students until each has mastered every concept and can successfully integrate back into the classroom. Students who C.R.A.M. at Harrodsburg Day Treatment return to their classroom with skills that will enhance their learning experience in any classroom.

### Rowan County Schools

#### Morehead Youth Development Center

Spring has been a busy time at Morehead Youth Development Center. To explore Plants and Animals Career Pathway Month, students took a trip to the Minor Clark Fish Hatchery and a trip to the Newport Aquarium.

Community service projects with the Menifee County Dog Shelter continues to provide the students with rewarding opportunities to serve. Students go to the shelter once a week. They exercise the dogs, clean the kennels, and feed the animals. Girls also visit the Senior Citizens Center in Morehead

Two students completed their Medicaid Nurse's Aide Certification. To earn this certification, students completed all skills in the Nurse Aide procedure

book, passed three tests, completed a 16 hour clinical at a local nursing home, and passed the Medicaid Nurse Aid Registry Exam. All 17 of the girls successfully participated in CPR and First Aid class, and earned their Red Cross Certification.

English students at Morehead Youth Development Center celebrated this year's *Run for the Roses* in a unique way.



Students watched the movie *Seabiscuit*, and completed open response

questions, plus a trivia page of Derby facts. Students then had a Kentucky Derby Book Race. Each student who read a book during a designated period selected a horse from the Derby lineup. One student selected the winning horse. The friendly competition, as well as the positive exchanges with staff, made this year's *Run for the Roses* especially exciting.

Residents are anticipating summer activities including the annual camping trip, trips to the pool and Cave Run Lake, and car washes to earn money for our recreation Fund.

**"All who have meditated on the art of governing mankind have been convinced that the fate of empires depends on the education of youth"**

Aristotle



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